

## North Metro Team Camp 2010

**When:** June 2<sup>nd</sup>, 3<sup>rd</sup>, & 4<sup>th</sup>  
**Where:** Edmond North Football Facilities  
Artificial Turf practice field, 2 full grass fields, locker rooms,  
meeting room, video rooms, etc...  
**Cost:** \$25.00 per player (includes t-shirt)  
**Time:** 8:00 a.m. – 12:00 p.m.  
**Dress:** Helmet, Shoulder pads, girdles (hip, tail, and thigh)

**Practice Sessions will include:**

- Individual time with team
- Group sessions
- 7 on 7 drills
- Pass pro / pass rush drill
- Goal line
- Position challenges w/ awards
- Inside drill
- Multiple camera angles
- Full athletic training staff
- And much more

### RELEASE FORM

I, the undersigned, as a parent and/or guardian of \_\_\_\_\_,  
a minor, ask that he/she be admitted to participate in this sport camp sponsored by the Edmond North  
Football Staff. In consideration of such admission, I do hereby agree to release, discharge, and hold  
harmless Edmond Public Schools, its officers, agents, and employees of and from all causes, liabilities,  
damages, claims, or demands whatsoever on account of any injury or accident involving the said minor  
arising out of the minor's attendance at the sport camp or in the course of competition and/or activities held  
in connection with the sport camp.

**Signature requested:**

\_\_\_\_\_  
Parent's/guardian's signature

\_\_\_\_\_  
Date

Adult T-Shirt Size: S M L XL XXL (extra shirts can be purchased for \$15.00)

I need \_\_\_\_\_ extra shirts, sizes \_\_\_\_\_ at a total of \$\_\_\_\_\_

***\*Please return this form and make checks payable to:***

### **North Football**

215 W. Danforth RD  
Edmond, OK 73003

For more information contact:

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